

# CERTIFICATE OF PARTICIPATION

This is to certify that

**Christopher James  
Human**

Has successfully participated & completed the  
**13km Shift Wellness - Summer Trail Run**  
held at Walter Sisulu Garden.

**TIME 01:26:45**

**PACE 06:39/km**  
**OVERALL 19 of 108**

**GENDER 14 of 69**  
**OPEN 5 of 27**

27 January 2019, Sun

Date



*BoutTime*

Signature

